

## What's next?

Take diabetes seriously. Over the next 24 hours in the USA records show, 2200 people will be diagnosed with diabetes, 512 diabetics will die, 66 diabetics will go blind, 153 diabetics will have some limb amputated & 77 diabetics will have renal disease, resulting in a lifetime of dialysis .

### We set up 10 protocols to help reverse this disease.

- i. **Buy our book**, learn about Diabetes, medications, diets, food, exercise regimes, local support. Know what to expect. (Coming)
- ii. Get linked up with your doctor for prescription **Metformin** & a blood glucose meter & use it. Metformin has great benefits like weight loss, but can cause loss of Vit B12 leading to neuropathy (loss of feeling in toes & fingers. See v below).
- iii. Get into a regime of **Enzogenol & Oral Chelation** to improve your blood & blood flows. Anti-oxidants in Enzogenol removes free radicals & allow body & blood to heal.
- iv. We supply **chromium** & cinnamon meds. Chromium is great for sugar cravings & insulin balance.
- v. Get our **D'LIFE DIABETIC SPRAY** sprayer supplying vitD3, magnesium, chromium & Vit B12, & E to maintain health.
- vi. Set up a **fitness regime** incorp weight & interval training.
- vii. Obtain our **joint formula**. Many diabetics are overweight & exercise can cause joint troubles. Prevents trouble.
- viii. Prevent sugar spikes with **Whey protein shakes** before eating carbohydrate meals.
- ix. **Bitter Lemon**: Glucose balance support
- x. **Carb Blocker**: Neutralize Starch Enzymes

### WE SUPPLY 3 VERY ESSENTIAL PRODUCTS

**ENZO BRAIN RECOVERY**: Antioxidant & free radical scavenging formula. Diabetics take up to 4 tablets daily with food or as directed by health professionals. Known to control amyloid plaques & neurofibrillary tangles as seen in dementia cases.

### D'LIFE DIABETIC SPRAY —Glucose Control Spray

Contains a spray of micronutrients essential to help stop sugar stress of Diabetes T2 patients. **Magnesium** is a fundamental mineral to regulate blood sugar. **Chromium**, a co-factor of insulin & actually helps medications work better, slows sugar cravings. **Vitamin D3** can boost beta cells in the pancreas that are under constant siege during diabetes. **Vitamin B12** - essential when using Metformin to slow neuropathy as nerves may become damaged. **Vit E**- Helps insulin work, slows macular & neuron degeneration. .

About **D'LIFE DIABETIC SPRAY** : Each spray delivers a highly absorbable & active supply of: **Chromium Picolinate, Magnesium L Threonate, Vitamins B-12, D3, E, & B-Complex. Carrier: Aloe Vera Juice. Flavour: Spearmint**

**D'LIFE 1000 plus vitaminB12** D3-1000iu. B12 -25mcg (10xRDA) Vitamin D3- can reduce chronic disease risks including cancers, stress, CVD, & helps stop Colds, Flu, Asthma & Arthritis . B12 has been proven to help reduce tiredness and fatigue. With Diabetes, B12 is essential when on Metformin to slow peripheral neuropathy as nerves may become damaged.

## Improving Cognitive Function with Enzogenol®

Studies have demonstrated the effects of Enzogenol on boosting brain performance:

- Enhancing Concentration,
- Calming Brain Activity Pattern,
- Improving Response Times,
- Improving Decision Making.



### Professionals comment about Enzogenol's effects on brain functions:

"My ability to communicate, my memory and my concentration are all back to where they were before my head injury entirely thanks to the Enzogenol." Ruth G, PhD"

My ability to concentrate and multi-task is hugely improved with the Enzogenol. Usually I take four caps in the morning, but taking another four in the afternoon I can sustain working all night."

Mike G, Head of School of Applied Technology

## More about Enzogenol

The supplement derived from the bark of pine trees is rich in an antioxidant called oligomeric procyanidins or OPCs. The OPCs appear to lower blood glucose and improve the structure and the function of the body's small blood vessels, which, when exposed to chronic high blood sugar, can lead to such diabetes complications such as vision loss, kidney damage, nerve damage, and amputations.

More than 180 studies (mostly European) about pine bark were completed in the last four decades. Findings were overwhelmingly positive in the supplement's ability to decrease high blood pressure, lower LDL or bad cholesterol, and control blood glucose without adversely affecting all-important insulin levels. One specific plus: pine bark appeared to repair capillaries in the eyes, reducing or eliminating leakage into the retina that, unchecked, could lead to major vision problems or blindness. The typical dose is 80 to 150 milligrams daily split up into two or three doses.

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## Wellness4us Ltd



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**Enzogenol® Brain Recovery**  
**NZ Pine Bark Extract**  
+

**High-DHA Omega-3 Fish Oil**  
for a

**Younger More Powerful Brain**  
**Boosting Brain Performance &**  
**Protecting Brain Function**  
**Think faster—Live longer!**

**ULTIMATE NUTRITION FOR**  
**HEALTHY BRAIN FUNCTION**

Agent:

## ENZOGENOL

### NEW ZEALAND'S SECRET HEALTH WEAPON:

Why a Pine Tree? Trees must survive the ravages of the environment for decades so it is natural that they have evolved a superior defence system compared with fruits and vegetables, which are mostly one season wonders.

Our research team's intense work led them to an inspired and patented process to extract the highly active antioxidants. The process is a pure water molecular selection process that

concentrates the antioxidant components in exactly the same ratios to each other as exist inside the natural bark itself: **an accomplishment that had not been achieved with any other antioxidant!**



As a result of this process, Enzogenol provides the most complete complex of proanthocyanidins, organic acids, flavonoids, glycosides, esters and carbohydrates ever incorporated into a single, safe, diet supplement! Enzogenol consists of a potent mixture of natural antioxidant and anti-inflammatory plant compounds known as bioflavonoids. Due to the highly active antioxidant and Anti-inflammatory compounds, Enzogenol has many health supporting properties, including:

- Supporting healthy brain function.
- Supporting healthy attention, concentration and behaviour in children.
- Supporting healthy blood vessels, circulation and blood pressure.
- Supporting diabetes control & reversal.
- Supporting healthy eye function.

## Enzogenol Diabetes Help

### HbA1c, Serum Insulin and Glucagon Levels:

To further understand the anti-diabetic effects of Enzogenol we examined the HbA1c, insulin and glucagon levels in blood. Blood HbA1c concentrations of the diabetic control group were 2.6-fold ( $P < 0.001$ ) higher than that of non-diabetic group. Medium (25 mg/kg) and high dose of Enzogenol (50 mg/kg), & TPP (50 mg/kg), treatment significantly decreased the blood HbA1c level by 35.2%, 57.8% and 36.3%, respectively.

The serum insulin and glucagon concentrations in the diabetic control group were approximately 7- and 15-fold higher than that in the non-diabetic group, respectively). However, both levels were significantly decreased by medium and high dose (25 and 50 mg/kg) administration of Enzogenol. The serum glucagon level in low-dose (12.5 mg/kg) treated group significantly increased.

### Conclusions

In this study, Enzogenol treatment significantly lowered the levels of glucose, insulin and glucagon in serum, and improved glucose tolerance. Enzogenol appears to have hypoglycaemic effects by modulating the expression of hepatic glucose-regulating enzymes, GCK, G-6-Pase and PEPCK, and enzymatic activity of AMPK in the liver.

These results demonstrate that Enzogenol supplementation could exert a beneficial effect on type 2 diabetes.

College of Pharmacy, Kyung Hee University, Seoul, Republic of Korea



Just one can a day increases your chance of diabetes by 20%



## And the News Gets Worse....

At first it seemed like an unlikely relationship: how could type 2 diabetes be associated with Alzheimer's disease? Scientists at Albany University found a curious connection. In fact, the new study's results have prompted the lead researcher to state that people with type 2 diabetes **"really do have low-level Alzheimer's."** What does this mean for people with diabetes? If you have type 2 diabetes, your body is unable to produce enough insulin or to effectively use what it can produce. The Albany scientists suggest that the excess insulin reaches the brain and interferes with the natural breakdown of amyloid plaques, the substances that have a major role in the development of cognitive decline and Alzheimer's disease. According to Albany, about 70% of people who have type 2 diabetes eventually develop AD, a % that is significantly higher than the general population. They warn that people who have type 2 diabetes need to do more than watch their diet and weight; they also need to protect against a disease that is a path to cognitive decline.



### Amyloid plaques are seen in diabetes and Alzheimer's disease patients:

Features of Alzheimer's disease are attributed to the damage caused to the brain by blood sugar. The cerebral blood vessels that nourish the brain are damaged by the excess of blood sugar. **They include the formations of certain protein deposits: amyloid plaques & neurofibrillary tangles.** The interesting fact is that these deposits are also seen in the brain autopsies of patients who died with diabetes. It is well known that insulin resistance is a feature of T2 diabetes. The surprising fact is that insulin resistance is also evident in the brain tissues of Alzheimer's disease patients. <http://brainblogger.com/2014/07/09/diabetes-and-alzheimers-disease-whats-the-link/>

### Enzogenol slows down cognitive decline:

A recent clinical study of healthy people at risk of cognitive decline have, by using Enzogenol every day for six months slowed this risk of cognitive dysfunction. Enzogenol is the first such flavonoid antioxidant clinically proven to show significant improvements to brain performance in healthy humans. (Pipingas et al. Phytotherapy Research, 2008)